FALL/WINTER 2019





From the Supervisor – Kathy Penner

WINTER IS COMING: We're here to help our senior citizens

With cold, blustery days just around the corner, are you prepared? Whether worrying about getting to a medical appointment or how to pay for a high heating bill, Wheeling Township offers many services and

programs of assistance to its residents. For our Township's senior citizens, we are particularly dedicated to ensuring access to services that enhance their ability to live safely and independently. Here are some of the many ways we help the Township's senior citizens. If you – or someone you know – might benefit from any of these, call the Township at 847-259-7730.

PROGRAMS AND SERVICES SENIORS MAY FIND BENEFICIAL INCLUDE:

TRANSPORTATION: Even on those snowy, "polar vortex" days last year, our buses were running. The weather can be unpredictable, but we'll do our best to get you where you need to go. With 8 buses on the road every day, over 23,000 rides are provided annually. Seniors over 60 (and disabled residents over 18) are eligible for the service. There's a nominal charge of \$2 each way.

■ HEATING BILL HELP: The Low Income Home Energy Assistance Program (LIHEAP) helps seniors who might be struggling to meet the cost of high heating bills. Approved applicants receive a payment directly paid to the utility company, which remains on the account until it is fully used.

HOME DELIVERED MEALS: For a low cost to homebound seniors (and adults with disabilities who qualify), hot, freshly prepared meals are delivered at mid-day, Monday-Friday, by friendly volunteers. Access to nutritious food is vital for good health.

■ FOOD PANTRY: Many seniors qualify for access to our wonderful 'client choice' food pantry, which allows them to choose the foods they'll enjoy, and thus gain proper nutrition. Over 400 families visit the pantry on a monthly basis (nearly 40% of which are seniors). Seniors should also ask whether they might qualify for SNAP benefits (formerly known as food stamps).

■ HEALTH SERVICES: Seniors are able to visit our Township nurse in order to receive blood pressure checks, PT/INR readings, blood glucose, A1C, and cholesterol test readings. Most services have a small fee. Truly homebound residents may qualify for a home visit.

Wheeling Township is dedicated to the seniors of this community, and we do our best to ensure their well-being, nutrition and transportation needs, and also by offering critical assistance during times of need. Call the Township at **847-259-7730** to see how we might be able to help you, or a senior you know.





FROM THE ASSESSOR'S OFFICE Jerry Sadler

COOK COUNTY BOARD OF REVIEW

2019 Wheeling Township assessments can be appealed through the Cook County Board of Review. The Board sets a **30 day** appeal window annually for each township in Cook County. Appeal dates will be posted on their website: www.cookcountyboardofreview.com

An appeal can be filed online or submitted with an Appeal form (which is available on the website or at our office) during the **30 day** window. If you qualify for the Senior Freeze, it is not necessary to appeal, as your Assessed Value is frozen.

We are available to provide assistance. Email us at taxpayerassistance @wheelingtownship.com to request comparables for an online appeal. Please provide PIN in subject line, and name and address on body of email.

Appellants have the option to request a hearing with the Board of Review at the downtown Chicago office, although it is not required. If your Assessed Value is reduced, it will be reflected on the 2019 Second Installment Property Tax Bill Payable in 2020.

Decision letters from the Cook County Assessor Appeal that closed August 8, 2019 should be mailed to homeowners in October.

2019 SENIOR EXEMPTIONS - NEW LAW PASSED

House Bill 833 was signed into law in August. Under the new law. seniors in Cook County who currently receive the senior exemption will no longer need to file each year: the exemption will renew automatically. There will be no need to complete a form as has been done

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ICE	TYPE OR PRINT ALL INFORMATION. CO Name of Appellant	MPLY WITH BOARD RULES AND REGULAT			of related parcels of the property owned by Appellant. DO NOT LIST COMPARABLES BELOW
	Address of Appellant				1.
	City				2.
	Phone: Email Address	Fax No:			3.
		ATION AND IDENTIFICATION C	Town Over 6 Apts	Condo/Co-op	4
	If purchased on or after January 1, 2016	ial/Industial Vacant Land Year Purchased	Purchase Price \$	Cther	
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	Owner Former O Beneficiary of Trust Executor	wmer Liable for Tax Tenant Liable for Tax Other (Explain)	ax L Taxing Body or Taxpayer		
	The undersigned Appellant states that the above Do you plan to submit additional evidence	· · · · · · · · · · · · · · · · · · ·	he Assessor of Cook County for th	ie year 2019	
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provious	NOTICE TO APPELLANT: If you requested a harring, you will be notified by mail of the time and place of your hearing. You must be prepared at that time to present any residuced in any proof of your chains. Wease see the males of the Baued which govern all appeals. If you do not request a harring, your compliant will be addinated baued on the write oxideace abstraction over the ball and the formation as analybe to be Baued Weaking.				
ars. The	The undersigned states that he whe has read the above complete, has personal knowledge of the contents thereof, and the same is true in substance and in fact, and further so certifies under the persisters a provided by law pursuant to Section 1-109 of the Binois Code of CM Procedure.				
emption		ATTORNEYS ONLY	Signature of Appellar	t or Attorney	The Cook County Board of Review is a quasi judicial office. Only licensed attorneys and individual taxpayers representing themselve may practice before the Board. Board Rule 1
unpuon	ATTORNEY'S CERTIFICATION: 1				Non-attorneys may not complete complain forms or present an appeal on a taxpayer's behalf before the Board because it is
ll be re-	LAW DIAM ADDRESS	ATTORNEY'S NAME (PRINTED OR THP ^{4D)}	PHONE	LAW FIRM	considered the unauthorized practice of law. In Re Yamaguchi, 118 IL2d 417 (1987). Any complaint completed or presented by a non-
		CIT 25	(1) explicit authorization to file this 2	019 assessment complaint and (2) the	attorney in the course of representation of a taxpayer may be denied or voided for lack of jurisdiction.
cted on the	Appellant's assurance that I am the only attorney so author				

second installment bill in July, 2020.

Seniors NOT currently receiving the exemption, and those turning 65 in 2019 (born in 1954), must apply for the exemption in 2020. It will then automatically renew in future years. Questions? Go to cookcountyassessor.com or call us at 847-259-1515.

2019 SENIOR FREEZE

The Senior Freeze renewal will be the same process as in prior years; forms will be mailed in early January, 2020.

2019 FIRST INSTALLMENT TAX BILL

2019 Property Tax Bills received in early 2020 will be available and can be paid at Chase Bank or on the Treasurer's website: www.cook countytreasurer.com. There is no fee if paid from a bank account. Please note the Post Office does not forward property tax bills to a winter address.

TO BETTER ASSIST YOU WITH QUESTIONS REGARDING YOUR PROPERTY. PLEASE HAVE THE 14-DIGIT PROPERTY INDEX NUMBER (PIN) AVAIL-ABLE WHEN VISITING OR CALLING OUR OFFICE. THE NUMBER CAN BE FOUND AT THE TOP OF YOUR PROPERTY TAX BILL. THANK YOU!

TOWNSHIP ROAD MANAGEMENT

Abandoned and Flood Prone Properties Project Update

After 10 years, the Cook County Court finally ordered the demolition of the abandoned and deteriorated property at 3216 Salk Rd. This property was the subject of much dismay to neighboring homeowners in the Buffalo Highlands Subdivision. It went from unoccupied to uninhabitable before the demolition was finally ordered.

In addition, the County also authorized and awarded a contract for the demolition of three flood prone properties at 101 E. Gregory St., 103 E. Gregory St., and 263 Woodland Ave. These demolitions will take place in the near future.

If you have any questions, please direct your calls to Tom Neitzke at 847-259-7730 ext. 41, or Regina Stapleton at ext.11.





Before

After Demolition

After Final Grading



FROM THE CLERK'S OFFICE Joanna Gauza

2020 GENERAL ELECTIONS AND VOTER REGISTRATION

Election season is here and the presidential primaries are just around the corner. The Illinois primary elections will be held on Tuesday, March 17, 2020. This primary will select party nominees for President, Congress and State Legislative seats.

ARE YOU REGISTERED TO VOTE?

Now is the time to make sure you are registered to vote. If you have never registered, have just moved into the Township or have moved to another residence within the Township (or changed your name), you will need to register to vote if you wish to vote in the 2020 primary elections.

HOW DO YOU REGISTER?

Come to the Clerk's office at the Township, Monday-Friday, 9:00-4:30. In addition to providing two forms of identification (one which shows your current address), you need to be a U.S. citizen, be 18 or older by the next general election on November 3, 2020, and to have lived in the Township for at least 30 days prior to the election. Seventeen-year-olds that will turn 18 by the general election date can vote in the primary election. Naturalized citizens must provide proof of their naturalization date. If you have an Illinois driver's license or state ID, you may register online at the Illinois Board of Elections website: www. elections.il.gov. If you do not have a driver's license or state ID, go to www.cookcountyclerk.com and complete the form online, print, sign and mail it to the address on the application. If you register by mail, you must bring a valid state-issued photo ID when you vote for the first time. As always, while you can register to vote on Election Day itself, doing so before Election Day helps to avoid the stress of completing the registration process at the polling site. Also remember, at the primary, you must declare a party and can only vote for that party in the primary election.

The key dates for the March Primary Election are listed below:

DATE	EVENT
2/18/2020	Voter registration closes for deputy registrars and local election officials
2/19/2020	First day of grace period registration and voting
3/1/2020	Last day to register to vote by online application
3/2/2020	First day of early voting
3/12/2020	Last day to request a mail ballot, including military and overseas voters
3/16/2020	Last day of early voting
3/16/2020	Last day of grace period registration and voting
3/17/2020	Last day mail ballots can be postmarked
3/17/2020	Election Day

DO YOU HAVE OLD OR UNUSED PRESCRIPTION MEDICINES THAT YOU NO LONGER NEED?

Consumers and caregivers should remove expired, unwanted, or unused medicines from their home as quickly as possible to help reduce the chance that others may accidentally take or intentionally misuse the unneeded medicine.

It is important to dispose of unused medications properly to help reduce harm from accidental exposure or intentional misuse.

There are many locations in Wheeling Township where you can safely dispose of medications:

- Arlington Heights Police Department 200 E Sigwalt Street, Arlington Heights Open 24 hours
- Walgreens 15 N Buffalo Grove Road, Buffalo Grove 7:00 am -11:00 pm
- Buffalo Grove Police Department 46 Raupp Blvd, Buffalo Grove Open 24 hours
- Mount Prospect Public Works 1700 W Central Road, Mount Prospect M-F: 7:30 am 5:00 pm
- Prospect Heights City Hall 8 N Elmhurst Road, Prospect Heights M-F 8:30 am 5:30 pm
- Wheeling Police Department 1 Community Blvd, Wheeling
 Third Saturday of each month 10:00 am to 12:00 pm
- Walgreens 10 N Milwaukee Ave, Wheeling 7:00 am 10:00 pm





Giving Stason is Approaching...

The holidays are fast approaching. If you would like to experience sharing the joy of the season with someone, please consider participating in our Christmas program. The Wheeling Township **Adopt A Family Program**, or **AFP**, matches generous donors with needy families from our own community.

Low income families, whose identities are kept confidential, provide a "Wish List" with clothing and toy suggestions for each member. Donors who commit to adopting a family are given the Wish List and asked to spend between \$50 and \$100 per person. Family sizes vary and are chosen by the donor. Detailed instructions are also provided which assist in making this large program run smoothly.

To participate, please follow these instructions:

- 1. Complete the form below.
- 2. Email it to: GA@wheelingtownship.com OR fax it to: 847-259-1570 OR mail it to: Wheeling Township AFP, 1616 N. Arlington Heights Road, Arlington Heights, IL 60004 by Friday, November 8th.
- 3. Receive your Wish List, shop, wrap, bundle and drop off your gifts at Wheeling Township between December 12th 16th.
- 4. Enjoy your holiday knowing that you brought smiles and seasonal spirit to a family that otherwise wouldn't have it!

Name			
Company			
Address			
	City		
	State	Zip	
MK.	Email		
	Phone		
		to adopt	
		A.	
•••			

NEED HELP Paying High Heating Bills?



If you're struggling to meet

Low-Income Home Energy Assistance Program

the cost of high heating bills, we can help. Low Income Home Energy Assistance Program, or LIHEAP, offers a one-time credit on your gas and electric bills during the winter season. Approved applicants receive a credit paid directly to the utility company, which remains on the account until it is fully used.

Documents needed to apply include a picture ID, Social Security cards for everyone in the household, current utility bills and proof of all sources of household income for the last 30 days. (Additional documents may be requested, depending on situation.) Residents meeting the income criteria listed below should **call the General Assistance Department at 847-259-7730 to schedule an appointment.**

Household Size	Gross Monthly Income	
1	\$1,561	
2	\$2,114	
3	\$2,666	
4	\$3,219	
5	\$3,771	
6	\$4,324	

WHEELING TOWNSHIP TRANSPORTATION



Much more than just a ride!

Looking for safe and affordable transportation? If you are over 60 (or

18+ and permanently disabled), Wheeling Township's outstanding transportation service may be the perfect solution for your needs.

When is service available? Rides are available for Township residents to a wide variety of locations within the Township, Monday – Friday, 9:00 am - 3:30 pm. For medical appointments, call at least one week in advance to reserve your ride, as buses fill up quickly (you may call up to 30 days in advance for medical appointments). For casual appointments (hair salon, grocery store, etc), you must call two days in advance.

How much? \$2 each way.

How do I sign up? Call our transportation department if you have any questions – or for an application. Applications can also be found online at www.wheelingtownship.com.

HELP SUPPORT OUR TROOPS... It's our annual Donation Drive!



During the whole month of November, in cooperation with Operation Support Our Troops, America Inc., Wheeling Township will once again be collecting the following items for "Comfort & Care" packages that OSOT America puts together and ships to Troops around the world.

Let's see if we can top last year's donation levels! In 2018, 1,407 POUNDS of goodies were collected, as were \$3,000 in financial contributions and 1,000 hand-written cards. Donations will be accepted the entire month of November.

ITEMS MOST NEEDED:

- 1. PB & Jelly (30 oz or less/no glass)
- 2. Breakfast bars/Pop-Tarts
- 3. Canned fruit or fruit cups (16 oz or less/no glass)
- 4. Crackers/Nuts/Cookies/Snacks (individual packs)
- 5. Gum/fruit snacks/raisins/candy
- 6. Jerky/Slim Jims
- 7. Single toothbrushes/dental floss
- 8. Cold/hot drink mixes (individual packets/sticks)
- 9. Antacids/eye drops/handi-wipes/sanitizer
- 10. Individual trail mix/Pringles/granola bars

You can also contribute to Operation Support our Troops, America, Inc. by:

- Making a monetary donation via check: Donations help cover the cost of postage (each box costs OSOT approximately \$25 to ship). Make checks payable to Operation Support our Troops – America, Inc. Please note that OSOT is a 501(c)3 notfor-profit organization, meaning your donation is tax deductible.
- Writing Letters of Encouragement: The most coveted items in care packages are letters of encouragement or pictures from school kids. NO HOLIDAY CARDS, please! Only cards or letters that can be used throughout the year are requested. Whether a scribbled drawing from a pre-schooler or a heartfelt letter, each message is precious and appreciated. Every care package sent to military personnel includes at least one letter or drawing. Address your letter or card to: "Dear Military Person." Please do not seal any letters or cards.
- **Know an active service person?** If someone you know is a deployed service person serving in harm's way, OSOT, Inc. would love to add them to the care package mailing list. Go to www.osotamerica.org for more information.

Donations of supplies, checks and letters can be dropped off at: Wheeling Township, 1616 N. Arlington Heights Rd., Arlington Heights, during the entire month of November (9:00am - 4:30pm).

Call today for more information: (847) 259-7743.

Thank you in advance for supporting our Troops!

SENIOR AND DISABILITY PROGRAMS *Call 847-259-7730 to register for any of the Programs & Services offered through Wheeling Township.*

SENIOR SCENE programs, hosted by the Wheeling Township Senior Advisory Council, provide educational opportunities for all seniors. The timely topics and lively discussion offer older adults a chance to expand their knowledge and share fellowship. **Registration is always limited, so call now to reserve your place at these free programs! Unless noted, all programs are held at the Township office.**

CUB: FIGHTING FOR ILLINOIS CONSUMERS Learn how YOU can save money!

CUB CUB

Tuesday, November 12 10:00 a.m. – 11:30 a.m.

Since its inception in 1984, the Citizens Utility Board (CUB) has been helping Illinoisans save money and get better service from the state's investor-owned electric, gas and telephone companies. Over the last 35 years, CUB has saved consumers more than \$20 billion by blocking rate hikes and winning consumer refunds. This presentation will shine a light on education, savings, unregulated vs regulated utility companies, etc. Don't miss this really useful program!

RELATIONSHIP LONGEVITY

...making it through life's challenges together



Tuesday, February 11, 2020 10:00 a.m. – 11:30 a.m.

What's the secret to making any relationship (whether marriage or friendship) last through life's many challenges? Laughter and respect are certainly at the top of the list! Join us for an interesting and engaging look at ways to help a relationship 'go the distance.' Pastor Pete Warmanen's engaging and humorous style will offer insightful real-life examples and encouraging suggestions. He'll take us on a journey through life's ups and downs and reflect on how to make a relationship or friendship (or both!) last. Several long-married couples and two lifelong friends will take part in a panel discussion about what has worked for them as well. This will be a great program – join us!



MINDFULNESS: Strategies for your Toolkit Tuesday, March 10, 2020 10:00 a.m. – 11:30 a.m.

We hear a lot about mindfulness these days, and with good reason! Scientific evidence shows that

cultivating mindfulness offers powerful benefits for health, well-being, and happiness. This presentation will explore the concept and its benefits, and practical mindfulness strategies will be shared for you to use. Join Dr. Ilene Berns-Zare, psychologist, educator, and certified professional life and leadership coach, as she helps us explore how to understand and use the concept of mindfulness in our daily lives. Learn how to enhance your focus and capacity to deal with life's experiences more effectively.

MEDICAL SERVICES

Pam McVoy, RN, BSN

Make an appointment to meet our Nurse, Pam McVoy. Call 847-259-7730.

TUESDAYS & THURSDAYS

9:00 a.m. – 12:30 p.m.

(walk-ins allowed, but priority is given to appointments)

- Blood Pressure (no charge)
- INR & PRO Time Testing (\$6 charge- a doctor's order is required)
- At-home hemoccult screening tests (\$4 charge)
- Traditional Blood Sugar Screening (\$1 charge)

Patients need to fast 8 – 10 hours; but remember to drink water; hydration is crucial!

2nd & 4th THURSDAY of each month 9:00 a.m. – 11:30 a.m. (appointments required)

• **Cholesterol Screening** (\$15 charge) Available to residents 18 years & older. Test provides a lipid profile including total cholesterol, HDL, LDL, triglycerides and blood sugar.

Patients need to fast 10 – 12 hours; but remember to please drink plenty of water to remain hydrated! (but no coffee/tea/soda/juice, etc).

A1C testing now available. Call Nurse, Pam McVoy, for more details. Appointments must be set up with her directly (for this service only).

ANNUAL HOLIDAY LIGHTS TOUR



Wednesday, December 11

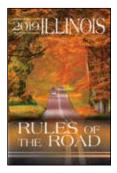
If you are a **registered Wheeling Township bus passenger**, call our Transportation Department at 847-259-7743 to make your reservation for this festive Holiday Lights tour – it's our annual neighborhood bus event to let you see the beautiful holiday lights in our community!

This event is intended for our Township's seniors and disabled residents who aren't able to get out to see the lights on their own – it is not for children or groups. All passengers must live in Wheeling Township, and every participant must already be a registered bus rider.

We will pick you up at your home and take you on a night tour of the holiday lights in Wheeling Township and return you safely home after the tour, so visions of sugar plums can dance in your head. We even have volunteer 'elves' on each bus!

Calls for reservations begin on **Friday**, **November 1**. Registration deadline is **Wednesday**, **November 27**. First come, first served. Space is limited and you must be a registered rider to participate.





IMPROVE YOUR DRIVING SKILLS... Secretary of State

"Rules of the Road" Review Course

This FREE one-session Illinois Secretary of State refresher course will help prepare you for your driving test and soothe those road test jitters! The class is designed to give drivers — especially senior citizens and persons with disabilities — the knowledge and confidence needed to renew or obtain a driver's

license. The review course combines an explanation of the driving examination with a practice written examination. Classes held at the Township. Call to register.

10:00 a.m. - Noon on the following Thursdays: November 14 • March 12, 2020



AARP – SMART DRIVER COURSE Tune Up Your Driving Skills

The AARP Smart Driver Course is

designed to help you tune up your driving skills, learn about normal age-related physical changes and how to adjust your driving to compensate, and reduce your chances of receiving a traffic violation or getting into an accident. Upon the completion of the two-session class, you will be issued a certificate, which may be submitted to your automobile insurance company for a possible discount.

Cost: \$15 for AARP members and \$20 for non-AARP members. Checks should be made payable to AARP and mailed or dropped off at the Town-ship Office prior to your first class. Classes are held at Wheeling Township. Call 847-259-7730 to register.

Class is 5 p.m. - 9 p.m. on the following Mondays & Wednesdays:

- November 11 & November 13
- December 2 & December 4
- January 6 & January 8, 2020
- February 3 & February 5, 2020
- March 2 & March 4, 2020

Medicare can be complicated... SHIP Could Help You!



If you are enrolled in Medicare, are close to enrolling in Medicare, or have health insurance questions, Wheeling Township's SHIP Counselors may be able to help you. Our dedicated and knowledgeable volunteers are trained by the Illinois Department of Insurance to assist Medicare participants with understanding their benefit coverage, helping with filing medical bills and claims, explaining Medicare Supplemental and Part D Insurance, and providing resolution support for problems. Call the Township to make an appointment! 847-259-7730.

SHIP counselors can also assist those seniors who qualify for both **Medicare** and full benefit Medicaid with their enrollment in the Medicare-Medicaid Alignment Initiative, also known as MMAI. With this program you may choose to enroll in a health plan and receive all of your benefits through one MMAI health plan. If you feel you might qualify for MMAI, make an appointment with our SHIP Coordinator at 847-259-7730.

HOME DELIVERED MEALS

Do You Know Someone Who Might Benefit?

Are you – or someone you know – finding it challenging to get to the store or cook for yourself? Wheeling Township offers a reliable and reasonably priced home-delivered hot meal program for residents of the Township who meet eligibility requirements.



How does the program work?

A hot, nutritious meal is delivered at mid-day, Monday through Friday, right to the door of the recipient by a friendly volunteer. Applicants must agree to receive meals five days a week.

Cost of the meals?

Wheeling Township's program is a self-pay program: The hot meal is \$6.50 per day. A supplementary cold meal (which is delivered at the same time) is available for an additional \$4.45 per day. Bills are mailed monthly for the meals received.

Who is eligible?

- . Must be a senior over 60 or 18+ and permanently disabled
- Must reside within Wheeling Township
- · Must be homebound and no longer driving
- · Must not have a full-time caregiver

A home assessment is required, and participation in the program is subject to availability on a route. As there are three types of meals available (Heart-Healthy, Carbohydrate-Controlled and Regular), a medical note for meal type is required from a doctor.

How do I participate?

Being able to reliably obtain, consume and metabolize nutritious foods is essential to your well-being. If you have concerns about your ability to shop or cook for yourself (or know someone who might need help), reach out to Aileen Zei, Wheeling Township's Assistant Director of Senior & Disability Services at the Township: 847-259-7730, ext 19.



Illinois Department of Veterans' Affairs

The Illinois Department of Veterans' Affairs has a Veterans Service Officer at Wheeling Township on the **2nd & 4th Fridays of every month. Ms. Shynae "Shy" Murphy sees veterans on a walkin basis between the hours of 9 a.m. – noon and 1 p.m. – 4 p.m.** She provides information on available services, and offers assistance in applying for veteran benefits. We recommend that veterans call the Township at 847-259-7730 prior to their visit, in order to check that Ms. Murphy is on-site.



Wheeling Township Report, Inc.

1616 N. Arlington Heights Road Arlington Heights, IL 60004 847-259-7730

www.wheelingtownship.com

Hours: 9 a.m. - 4:30 p.m. weekdays

Township Board Meetings: 8:00 p.m. on the fourth Tuesday of each month Follow us on:



ECRWSS

Residential Postal Customer







Joanna Gauza **TOWN CLERK**



WHEELING TOWNSHIP ELECTED OFFICIALS

Ruth O'Connell



JoAnne Schultz TRUSTEE





Patricia Kozicki TRUSTEE

SUPERVISOR

Jerry Sadler ASSESSOR

FUNDING FOR THESE AGENCIES

PROVIDED BY WHEELING TOWNSHIP

Wheeling Township funds a variety of important human care services for residents of all ages. Because of Township funding,

services provided by these agencies are available to residents

TRUSTEE

TRUSTEE

DOMESTIC VIOLENCE Awareness + Education = Hope

Remember, you are not alone...

If you are a victim of Domestic Violence, or know Someone who is, and need help, please contact:



Alexian Center for Mental Health

Avenues to Independence

on a sliding-scale basis.

- Catholic Charities (housing, senior services)
- Center for Enriched Living
- Children's Advocacy Center
- Clearbrook Center
- Escorted Transportation Service NW
- Faith Community Homes
- Greater Elgin Family Care Center
- Hands On Suburban Chicago
- The Harbour
- · Journeys The Road Home

- Kindred Life Ministries
- Life Span
- Little City
- Lutheran Services of Illinois Behavioral Health Svcs. Program
- Northwest Compass Housing
- Omni Youth Services
- Resources for Community Living
- Shelter, Inc.
- · St. Mary's Services
- Suburban Primary HealthCare/ Access to Care
- WINGS

National Domestic Violence Hotline 24 hour

(800) 799-SAFE (7233)

WINGS 24 hour Hotline and Counseling Services

and Emergency Shelter

(847) 221-5680

National Sexual Assault Hotline (800) 656-4673

National Dating Abuse Helpline (866) 331-9474

In an Emergency dial 911